

# PROCLAMATION

## *Parks and Recreation Month*

- WHEREAS,** parks and recreation is an integral part of communities throughout this country, including Lodi, California; and
- WHEREAS,** parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and
- WHEREAS,** parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and
- WHEREAS,** parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and
- WHEREAS,** parks and recreation is a leading provider of healthy meals, nutrition services and education; and
- WHEREAS,** parks and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and
- WHEREAS,** parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and
- WHEREAS,** parks and recreation is fundamental to the environmental well-being of our community; and
- WHEREAS,** parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and
- WHEREAS,** our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and
- WHEREAS,** the U.S. House of Representatives has designated July as Parks and Recreation Month; and

**WHEREAS,** Lodi, California recognizes the benefits derived from parks and recreation resources.

**NOW THEREFORE, BE IT RESOLVED** that I, Ramon Yopez, Mayor of the City of Lodi, do hereby designate the month of July 2026, as Park and Recreation Month in the City of Lodi, California.