

PROCLAMATION

Parks and Recreation Month

WHEREAS, parks and recreation are an integral part of communities, including Lodi, promoting health and wellness by improving the physical and mental health of people who live near them; and

WHEREAS, parks and recreation encourage time spent in nature, improving mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers, while also encouraging physical activity through access to sports, hiking, swimming and other activities; and

WHEREAS, parks and recreation serve as a vital resource for healthy meals, nutrition education and essential programming, such as youth sports, after school activities and environmental education, that are critical to childhood development; and

WHEREAS, parks and recreation strengthen a community's economic prosperity by increasing property values, expanding the local tax base, attracting tourism and businesses, and contributing to crime reduction; and

WHEREAS, parks and recreation are fundamental to the environmental health and resilience of our community, serving as adaptable infrastructure that supports climate sustainability, preserves ecological beauty, and offers spaces for residents of all ages to connect with nature and enjoy the outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS, Lodi, California recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED that I, Cameron Bregman, Mayor of the City of Lodi, do hereby proclaim the month of July as Parks and Recreation Month.

SIGNED on this 2nd day of July, 2025.

Cameron Bregman
Mayor, City of Lodi